“A.G.E.S. Summit 2025” on BrightU: The shocking toxins hiding in your bathroom

10/01/2025 // Jacob Thomas // **910** Views

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- On Day 4 of the "A.G.E.S. Summit 2025 – Make Your Home Great Again," Dr. Bryan Ardis explains why the average adult is exposed to 126-168 unique chemical ingredients daily through routine use of personal care products like lotions, deodorants and makeup.

- These products commonly contain ingredients scientifically classified as carcinogens, endocrine disruptors and developmental toxins.

- U.S. law allows manufacturers to hide thousands of chemicals, including harmful phthalates, under the single term "fragrance" on product labels.

- The presentation highlights the risks of specific chemical groups like Phthalates, Parabens, PFAS and 1,4-Dioxane, which are linked to infertility, cancer and other health issues.

- An investigation revealed the presence of cancer-causing PFAS "forever chemicals" in nearly all major toilet paper brands, prompting a call for safer alternatives.

Brighteon University is streaming one episode a day of "A.G.E.S. Summit 2025 – Make Your Home Great Again" from Oct. 4 to 10, and a replay of all episodes on Oct. 11 to 12. Register here to discover your definitive guide to detoxifying your living space and reclaiming your family's health.

What's in store for you?

On Day 4 of the "A.G.E.S. Summit 2025 – Make Your Home Great Again," slated on Oct. 7, Dr. Bryan Ardis pulls back the curtain on the personal care industry, revealing a toxic truth lurking in plain sight within American bathrooms. This isn't a speculative warning; it's an evidence-based exposé built on peer-reviewed studies and data from regulatory bodies and it promises to change the way you view everything from your shampoo to your toilet paper.

Dr. Ardis begins with a staggering statistic: the average adult uses nine personal care products daily, exposing themselves to 126 unique chemical ingredients. For women, that number jumps to 12 products and 168 chemicals. According to *Brighteon.AI*'s Enoch, lotions, deodorants, makeup and fragrances are packed with ingredients classified as known or probable human carcinogens, endocrine disruptors and developmental toxins. The most shocking revelation? Major health organizations often claim the causes of cancers are "unknown," while research explicitly links common cosmetic ingredients to the disease.

Viewers can expect to learn a lot of things from Day 4, including the following:

- How U.S. law allows manufacturers to hide nearly 4,000 different chemicals under the single word "fragrance" on a label, including phthalates that disrupt hormones and are linked to infertility and cancer.

- The widespread use of parabens and formaldehyde-releasing chemicals as preservatives, which are known endocrine disruptors and carcinogens.

- The hard data on how many carcinogens the average person is exposed to daily through their personal care routine.

- A clear guide to the most dangerous chemical groups, including Phthalates, Parabens, PFAS and 1,4-Dioxane, and where to find them.

- The jaw-dropping investigation into how and why cancer-causing PFAS were found in nearly every major toilet paper brand, and which safer, bamboo-based alternatives are available.

- How to read ingredient lists like a pro, identifying hidden dangers and "greenwashed" marketing tricks.

Prepare to be informed, shocked and ultimately empowered. Dr. Ardis' presentation is a rallying cry for anyone who has ever wondered if there's a connection between their environment and their health. The answer, as you will see, is a resounding yes.

Want to know more?

The free summit stream is your introduction to this life-changing guide. For those ready to go all-in and own every tool for a cleaner home, the full course package is available for purchase. When you purchase the complete A.G.E.S. Virtual Solutions Summit – Make Your Home Healthy Again '25, you will receive immediate lifetime access to the complete video series, the masterclass and Q&A videos, four presentation slides (PDFs) and more.

Sources include:

BrighteonUniversity.com 1

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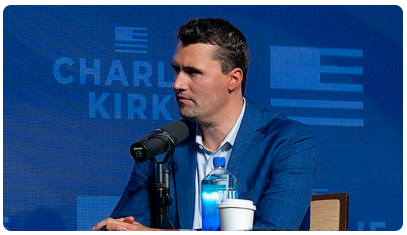

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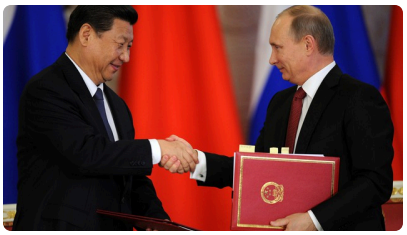

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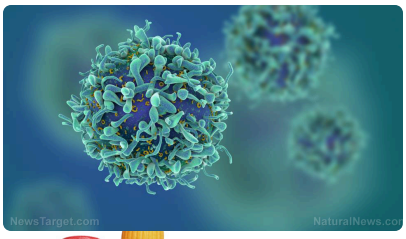

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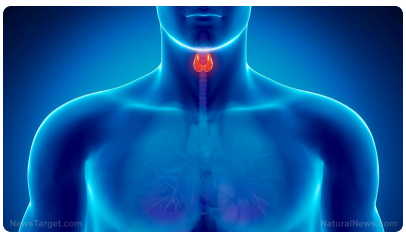

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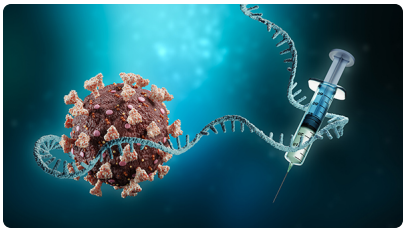

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